

课程平时成绩登记簿

**学 院**

**班 级**

**课程名称**

**授课教师**

**20 -20 学年 第 学期**

# 社会主义核心价值观

富强 民主 文明 和谐

自由 平等 公正 法治

爱国 敬业 诚信 友善

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| 日 期  考 核 方 式  学号及姓名 | | **平 时 成 绩 记 录** | | | | | | | | | | | | | | | | | | | | | | **总评** |
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| 日 期  考 核 方 式  学号及姓名 | | **平 时 成 绩 记 录** | | | | | | | | | | | | | | | | | | | | | | **总评** |
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**备注：**

记 事 栏

1.平时成绩评定说明：

作 息 时 间 表

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| 项 目 | 5月1日至9月30日 | 10月1日至次年4月30日 |
| 起 床 | 06:30 | 06:30 |
| 早 操 | 06:40-07:00 | 06:40-07:00 |
| 预备铃 | 07:50 | 07:50 |
| 第一节课 | 08:00-08:45 | 08:00-08:45 |
| 第二节课 | 08:55-09:40 | 08:55-09:40 |
| 第三节课 | 10:00-10:45 | 10:00-10:45 |
| 第四节课 | 10:55-11:40 | 10:55-11:40 |
| 预备铃 | 14:20 | 13:50 |
| 第五节课 | 14:30-15:15 | 14:00-14:45 |
| 第六节课 | 15:25-16:10 | 14.55-15:40 |
| 第七节课 | 16:20-17:05 | 15:50-16:35 |
| 第八节课 | 17:15-18:00 | 16:45-17:30 |
| 第九节课 | 18:10-18:55 | 17:40-18:25 |
| 第十节课 | 19:30-20:15 | 19:00-19:45 |
| 第十一节课 | 20:25-21:10 | 19:55-20:40 |
| 晚自习 | 19:30-21:30 | 19:00-21:00 |
| 教学楼熄灯 | 22:30 | 22:30 |
| 宿舍楼熄灯 | 23:00 | 23:00 |

**校风：**  
严谨  求实

团结  献身

**校训：**  
 严师 尊道

明德 至善